Cayton School

LONG TERM CURRICULUM PLAN: YEAR 4



Learn from yesterday, seek today and aim for tomorrow

September 2023

LONG TERM CURRICULUM PLAN YEAR 4

Year Groups to follow the National Curriculum English and Mathematics Programme of Study

KEY DRIVERS

History

CHRONOLOGY (Stone age to 1066)	Beyond 1066	LOCAL STUDY
To include: Stone age to Iron age Romans Anglo-Saxons Vikings	An aspect of theme that takes pupils beyond 1066	A local study linked to one of the periods of time studied under chronology; or A local study that could extend beyond 1066
 Know how Britain changed from the iron age to the end of the Roman occupation Know how the Roman occupation of Britain helped to advance British society Know how there was resistance to the Roman occupation and know about Boudica Know about at least one famous Roman emperor 		

ANCIENT ANCIENTS (approx. 3000 years ago)	CIVILIZATIONS from 1000 years ago	ANCIENT GREECE
Cover each of and then choose one to look at in depth: Ancient Egypt Ancient Sumer Indus Valley Shang Dynasty	Choose one of: Mayans Islamic Civilizations Benin Civilization	Greek life and influence on the Western world
 Know about, and name, some of the advanced societies that were in the world around 3000 years ago Know about the key features of either: Ancient Egypt; Ancient Sumer; Indus Valley; or the Shang Dynasty 		

	Locational Knowledge	
locate the world's countries, using maps to focus on Europe (including the location of Russia) and North and South America, concentrating on their environmental regions, key physical and human characteristics, countries, and major cities	name and locate counties and cities of the United Kingdom, geographical regions and their identifying human and physical characteristics, key topographical features (including hills, mountains, coasts and rivers), and land-use patterns; and understand how some of these aspects have changed over time	identify the position and significance of latitude, longitude, Equator, Northern Hemisphere, Southern Hemisphere, the Tropics of Cancer and Capricorn, Arctic and Antarctic Circle, the Prime/Greenwich Meridian and time zones (including day and night)
 Can I name and locate at least 8 of the longest rivers from around the world? Can I name and locate the major rivers of the UK? 	 Can I name and locate at least 8 of the tallest mountains from around the world? Can I name and locate the main mountain regions of the UK? 	 Know where the equator, Tropic of Cancer, Tropic of Capricorn and the Greenwich Meridian are on a world map Know what is meant by the term 'tropics'

Place Knowledge	Human and Physical Geography			
understand geographical similarities and differences through the study of human and physical geography of a region of the United Kingdom, a region in a European country, and a region within North or South America	describe and understand key aspects of physical geography, including: climate zones, biomes and vegetation belts, rivers, mountains, volcanoes and earthquakes, and the water cycle	describe and understand key aspects of human geography, including types of settlement and land use, economic activity including trade links, and the distribution of natural resources including energy, food, minerals and water		
 describe and understand key aspects of: Can I compare two different cities and say how the land use differs? 	 Know and label the main features of a river Explain the features of a water cycle 	 Know why most cities are located by a river . 		

Geographical skills and fieldwork

use maps, atlases, globes and digital/computer mapping to locate countries and describe features studied	use the eight points of a compass, four and six-figure grid references, symbols and key (including the use of Ordnance Survey maps) to build their knowledge of the United Kingdom and the wider world
Use maps and globes to locate the equator, the Tropics of Cancer and Capricorn and the Greenwich Meridian	 Know how to plan a journey within the UK, using a road map Can I identify different types of roads and possible routes within the UK? Can I identify the 6-figure grid references for the local area? Can I name and apply the eight compass points and describe positions of cities and places in a country?

Science

Working	Scientifically
 Ask questions such as: Why are steam and ice the same thing? Why is the liver important in the digestive systems? What do we mean by 'pitch' when it comes to sound? 	Gather and record information using a chart, matrix or tally chart, depending on what is most sensible
	Group information according to common factors e.g. materials that make good conductors or insulators
Use research to find out how much time it takes to digest most of our food	Use bar charts and other statistical tables (in line with Year 4 mathematics statistics) to record findings
Use research to find out which materials make effective conductors and insulators of electricity	Present findings using written explanations and include diagrams, when needed
Carry out tests to see, for example, which of two instruments make the highest or lowest sounds and to see if a glass of ice weighs the same as a glass of water	Write up findings using a planning, doing and evaluating process
Set up a fair test with more than one variable e.g. using different materials to cut out sound	Make sense of findings and draw conclusions which helps them understand more about the scientific information that has been learned
Explain to others why a test that has been set up is a fair one e.g. discover how fast ice melts in different temperatures	When making predictions there are plausible reasons as to why they have done so
Measure carefully (taking account of mathematical knowledge up to Year 4) and add to scientific learning	Able to amend predictions according to findings

- Use a data logger to check on the time it takes ice to melt to water in different temperatures
- Prepared to change ideas as a result of what has been found out during a scientific enquiry

Animals, including humans	All living things and their habitats	States of Matter	Electricity	Sound
Digestive system Teeth Food chains	Grouping living things Classification keys Adaptation of living things	Compare and group materials Solids, liquids and gases Changing state Water cycle	Uses of electricity Simple circuits and switches Conductors and insulators	How sounds are made Sound vibrations Pitch and Volume
 Identify and name the parts of the human digestive system Know the functions of the organs in the human digestive system Identify and know the different types of human teeth Know the functions of different human teeth Use and construct food chains to identify producers, predators and prey 	 Use classification keys to group, identify and name living things Know how changes to an environment could endanger living things 	 Know the temperature at which materials change state Know about and explore how some materials can change state Know the part played by evaporation and condensation in the water cycle Group materials based on their state of matter (solid, liquid, gas) 	 Identify and name appliances that require electricity to function Construct a series circuit Identify and name the components in a series circuit (including cells, wires, bulbs, switches and buzzers) Predict and test whether a lamp will light within a circuit Know the function of a switch Know the difference between a conductor and an insulator; giving examples of each 	 Know how sound is made, associating some of them with vibrating Know how sound travels from a source to our ears Know the correlation between pitch and the object producing a sound Know the correlation between the volume of a sound and the strength of the vibrations that produced it Know what happens to a source is away from its source

SUPPORTING SUBJECTS

Design Technology

Designing	Making	Evaluating	Technical Knowledge	Food Technology
use research and develop design criteria to inform the design of innovative, functional, appealing products that are fit for purpose, aimed at particular individuals or groups generate, develop, model and communicate their ideas through discussion, annotated sketches, cross-sectional and exploded diagrams, prototypes, pattern pieces and computer-aided design	select from and use a wider range of tools and equipment to perform practical tasks [for example, cutting, shaping, joining and finishing], accurately select from and use a wide range of materials and components, including construction materials, textiles and ingredients, according to their functional properties and aesthetic qualities	investigate and analyse a range of existing products evaluate their ideas and products against their own design criteria and consider the views of others to improve their work understand how key events and individuals in design and technology have helped shape the world	apply their understanding of how to strengthen, stiffen and reinforce more complex structures understand and use mechanical systems in their products [for example, gears, pulleys, cams, levers and linkages] understand and use electrical systems in their products [for example, series circuits incorporating switches, bulbs, buzzers and motors] apply their understanding of computing to program, monitor and control their products.	understand and apply the principles of a healthy and varied diet prepare and cook a variety of predominantly savoury dishes using a range of cooking techniques understand seasonality and know where and how a variety of ingredients are grown, reared, caught and processed

Designing	Making	Evaluating	Technical Knowledge	Food Technology
 use ideas from other people when designing produce a plan and explain it persevere and adapt work when original ideas do not work communicate ideas in a range of ways, including by sketches and drawings which are annotated 	 know which tools to use for a particular task and show knowledge of handling the tool know which material is likely to give the best outcome measure accurately 	 evaluate and suggest improvements for design evaluate products for both their purpose and appearance explain how the original design has been improved present a product in an interesting way 	 links scientific knowledge by using lights, switches or buzzers use electrical systems to enhance the quality of the product use IT, where appropriate, to add to the quality of the product 	 know how to be both hygienic and safe when using food bring a creative element to the food product being designed

Art

Using Sketchbooks	Drawing, painting and sculpture	Study of great artists
create sketch books to record their observations and use them to review and revisit ideas	improve their mastery of art and design techniques, including drawing, painting and sculpture with a range of materials [for example, pencil, charcoal, paint, clay]	great artists, architects and designers in history
 begin to make individual choices in their choice of media know how to integrate digital images into artwork use sketchbooks to experiment with different texture Create images, videos and sound recordings 	 Show body language in sketches and paintings Use line, tone, shape and colour to represent figures and forms in movement Show reflections in art Mix tertiary colours Know how different colours affect our mood/feelings compare/contrast two paintings with separate moods. use photographs to help create reflections Print onto different materials using at least 4 different colours Ensure collage work is precise Use mosaic & montage Create and combine shapes eg nets or using solid materials Sculpt using clay & other mouldable materials Include texture that conveys expression and movement Dye fabric Use cross stitch & back stitch 	 experiment with the styles used by other artists. explain some of the features of art from historical periods. know how different artists developed their specific techniques Replicate some of the techniques Create original pieces influenced by Van Gogh

Music

Listening and Appraise Music (Musicianship)	Singing and Voice	Notation	Playing instruments	Improvising	Composing	Performing
Appreciate and understand a wide range of high- quality live and recorded music drawn from different traditions and from great composers and musicians Develop an understanding of the history of music.	Play and perform in solo and ensemble contexts using their voices with increasing accuracy, fluency, control and expression	Use and understand staff and other musical notations	Play and perform in solo and ensemble contexts and playing musical instruments with increasing accuracy, fluency, control and expression	music for a range of purposes using the inter-	Improvise and compose music for a range of purposes using the inter- related dimensions of music	Listen with attention to detail and recall sounds with increasing aural memory Play and perform in solo and ensemble contexts using their voices with increasing accuracy, fluency, control and expression

 Talk about the words of a song. Talk about the words of a song. Think about why the song or piece of music was written. Sing in different time signatures: 2/4, 3/4 Rehearse and learn songs from memory and/or with notation. Explore ways of representing high and low sounds, and long and short sounds, using symbols and any Rehearse and learn to play a simple melodic instrumental part by ear or from notation, in C major, F major, G major Explore improvisation within a major scale using the notes: C, D, E C, D, E, G, A C, D, E, F, G D, E, F♯, A, B D, E, F, G, A Combine known rhythmic notation with letter name create short, pentatonic range of five pitches, range of five pitches, 	, to	Rehearse and enjoy the opportunity to share what has
• Think about why the song or piece of music was written.and/or with notation.low sounds, and long and short sounds, using symbols and anyinstrumental part by ear or from notation, in C major, F major, G majorC, D, E C, D, E, G, A C, D, E, F, G D, E, F, A, B D, E, F, G, Acreate short, pentatonic phrases using a limited range of five pitches,	, to	
song or piece of music was written.• Sing in different time signatures: 2/4, 3/4and short sounds, using symbols and anyor from notation, in C major, F major, G majorF, G D, E, F≵, A, B D, E, F, G, Aphrases using a limited range of five pitches,		snare what has
music was written. signatures: 2/4, 3/4 using symbols and any major, F major, G major A range of five pitches,		been learned in the
		lessons.
Find and and 4/4. appropriate means of and D major. suitable for the instrumer	s	
demonstrate the • Sing as part of a notation. • Improvise on a limited range being learnt.	•	Perform, with
steady beat. choir with • Explore standard of pitches on the instrument		confidence, a song
Identify 2/4, 3/4, and awareness of size: notation, using Rehearse and learn to you are now learning, making Compose over a simple		from memory or
4/4 metre. the larger, the semibreves, minims, play one of four use of musical features, chord progression.		using notation.
Identify the tempo as thicker and richer dotted crotchets, differentiated including smooth (legato) and differentiated including smooth (legato) and differentiated di		
fast, slow or steady.the musical texture.crotchets, quavers and semiquavers, andinstrumental parts by ear or from notation, indetached (staccato)• Compose over a groove.	•	Play and perform
		melodies following staff notation, using
of music you are singing posture. Simple combinations of: the tonal centres of C listening to. Demonstrate vowel C, D, E, F, G, A, B F, major, F major, G major I Improvise over a simple music and video stimulus	το	a small range, as a
 Discuss the sounds, blended G, A, Bb, C G, A, B, C, and D major. Chord progression. 		whole class or in
structures of songs. sounds and D, E, F# D, E, F#, G, A,		small groups.
Identify: consonants. B, C Improvise over a groove. available, to capture, cha	nde	0
Call and response Sing 'on pitch' and Read and respond to and combine sounds.	•	Include instrumental
A solo vocal or 'in time'. semibreves, minims,		parts/improvisatory
instrumental line and • Sing expressively, dotted crotchets, • Start to use simple		sections/composed
the rest of the with attention to crotchets, quavers and structures within semicularyers		passages within the rehearsal and
ensemble compositions, eg		performance.
• A change in texture	s or	penormance.
Articulation on with attention to The Left Control Contro		Explain why the
certain words staccato and legato.	_	song was chosen.
• Talk about the		including its
Explain what a main theme is and identify singing used for Identify and understand Compose song		composer and the
when is an accompaniments on tune	1	historical and
and untured percussion		cultural context of
understand what a		the song.
musical introduction quavers and rests.		Communicate the
is and its purpose. styles connect to the • Read and perform	•	meaning of the
Recall by ear world. Oreate a melody using	_	words and articulate
memorable phrases range. crotchets, minims, quave and their rests. Use a	s	them clearly.
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Identify major and simple rhythmic scores to a steady beat:	•	Use the structure of
Recognise the sound C, D C, D, E C, D, E, C, D,	D.	the song to
and notes of the parts accurately within E, G, A Start and end on	he	communicate its
pentatonic scale by the rhythmic texture, note C (Pentatonic on C)		mood and meaning in the performance.
ear and from achieving a sense of		in the penolithance.
• C, D C, D, E C, D, E, F C		Talk about what the
Describe legato and E, F, G Start and end on rate C (C main)	he	rehearsal and
staccato. note C (C major)		

Recognise the following styles and any important musical features that distinguish the style: 20th and 21st Century Orchestral, Reggae, Soul, R&B, Pop, Folk, Jazz, Disco, Musicals, Classical, Rock, Gospel, Romantic, Choral, Funk and Electronic Dance Music.					 A, B A, B, C A, B, C, D A, B, C, D, E Start and end on the note A (A minor) D, E D, E, F D, E, F, G D, E, F, G, A Start and end on the note D (D minor) G, A G, A, B G, A, B, D G, A, B, D, E Start and end on the note G (Pentatonic on G) 	 Understand how the individual fits within the larger group ensemble. Reflect on the performance and
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Physical Education

Athletics	Competitive Games	Gymnastics
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use running, jumping, throwing and catching in isolation and in combination	play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending	develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
 sprint over a short distance and show stamina when running over a long distance jump in different ways throw in different ways and hit a target, when needed 	 throw and catch accurately with one hand hit a ball accurately with control vary tactics and adapt skills depending on what is happening in a game 	 move in a controlled way include change of speed and direction in a sequence work with a partner to create, repeat and improve a sequence with at least three phases

Dance	Outdoor and Adventurous Activity	Evaluate
perform dances using a range of movement patterns	take part in outdoor and adventurous activity challenges both individually and within a team	compare their performances with previous ones and demonstrate improvement to achieve their personal best
 take the lead when working with a partner or group use dance to communicate an idea 	 follow a map in a (more demanding) familiar context follow a route within a time limit 	 provide support and advice to others in gymnastics and dance be prepared to listen to the ideas of others

Swimming

- develop their swimming aiming for competency, confidence and proficiency over increasing distance.
- develop their use of a range of strokes effectively, for example front crawl, backstroke and breaststroke.
- develop their awareness of safe self-rescue in different water based situations.

Real PE

Unit 1

Personal

I know where I am with my learning and I have begun to challenge myself.

Unit 2	Social	I show patience and support others, listening well to them about our work. I am happy to show and tell them about my ideas.
Unit 3	Cognitive	I can understand the simple tactics of attacking and defending. I can explain what I am doing well and I have begun to identify areas for improvement.
Unit 4	Creative	I can make up my own rules and versions of activities. I can respond differently to a variety of tasks or music and I can recognise similarities and differences in movements and expression.
Unit 5	Applying Physical	I can perform and repeat longer sequences with clear shapes and controlled movement. I can select and apply a range of skills with good control and consistency.
Unit 6	Health and Fitness	I can describe how and why my body feels during and after exercise. I can explain why we need to warm up and cool down.

Foreign Languages

Listening	Listen attentively to spoken language and show understanding by joining in and responding Explore the patterns and sounds of language through songs and rhymes and link the spelling, sound and meaning of words Appreciate stories, songs, poems and rhymes in the language
	Learn to listen to longer passages and understand more of what we hear by picking out key words and phrases covered in current and previous units.
Speaking	Engage in conversations; ask and answer questions; express opinions and respond to those of others; seek clarification and help Present ideas and information orally to a range of audiences Describe people, places, things and actions orally and in writing
	Communicate with others with improved confidence and accuracy. Learn to ask and answer questions based on the language covered in the units and incorporate a negative reply if and when required.
Reading	Develop accurate pronunciation and intonation so that others understand when they are reading aloud or using familiar words and phrases Read carefully and show understanding of words, phrases and simple writing
	Read aloud short pieces of text applying knowledge learnt. Understand most of what we read in the foreign language when it is based on familiar language.

Writing	Broaden their vocabulary and develop their ability to understand new words that are introduced into familiar written material Write phrases from memory, and adapt these to create new sentences, to express ideas clearly Describe people, places, things and actions in writing
	Write some short phrases based on familiar topics and begin to use connectives/ conjunctions and the negative form where appropriate – my name/ where I live/ my age.
Grammar	Understand basic grammar appropriate to the language being studied
	Better understand the concept of gender and which articles to use for meaning ('the', 'a' or 'some'). Introduce simple adjectival agreement (adjectival agreement when describing nationality) the negative form and possessive adjectives ('In my pencil case I have' or 'In my pencil case I do not have').

Computing

Programming - Create programs	Coding - Develop programs	Logical Reasoning	Multimedia Sound and Motion Networks
Pupils should be taught to design, write and debug programs that accomplish specific goals, including controlling or simulating physical systems; solve problems by decomposing them into smaller parts	Pupils should be taught to use sequence, selection, and repetition in programs; work with variables and various forms of input and output	Pupils should be taught to use logical reasoning to explain how some simple algorithms work and to detect and correct errors in algorithms and programs	Pupils should be taught to understand computer networks including the internet; how they can provide multiple services, such as the world wide web; and the opportunities they offer for communication and collaboration
 iProgram unit 1 To understand the need to reuse code in programming To create custom blocks (procedures) in Scratch To understand that action can be programmed to synchronise To understand that broadcasts can be used to change scenes in Scratch To understand that code can be remixed and reused to create new content To understand that a program is a sequence of statements written in a programming language (TurtleArt) To understand that computer program is a sequence of statements To understand that a program is a sequence of statements To understand that computer program is a sequence of statements To understand that computer programs consist of statements that perform a specific task. To understand that computer programs consist of statements that perform a specific task. 	 iProgram unit 1 To understand the need to reuse code in programming To create custom blocks (procedures) in Scratch To understand that action can be programmed to synchronise To understand that broadcasts can be used to change scenes in Scratch To understand that corect errors in a computer program To understand that actode can be remixed and reused to create new content IProgram unit 2 unit 3 To understand that a program is a sequence of statements written in a programming language (TurtleArt) To understand that computer programs consist of statements that perform a specific task. 	 IProgram unit 1 To understand the need to reuse code in programming To create custom blocks (procedures) in Scratch To understand that action can be programmed to synchronise To understand that broadcasts can be used to change scenes in Scratch To understand that code can be remixed and reused to create new content IProgram unit 2 unit 3 To understand that a program is a sequence of statements written in a programming language (TurtleArt) To understand that computer program sconsist of statements that perform a specific task. To understand that computer programs consist To understand that computer programs can be altered 	 iMail To understand that messages can be used to communicate over distance a number of ways To understand how email travels and how to retrieve it To send and reply to emails To attach a file to an email To understand the advantages of attaching files to emails To use email to communicate ideas

 To amend an algorithm to change the size of a shape To program a virtual robot to move and draw To design a program that makes choices To understand that commands and actions can be programmed to be executed depending upon whether a condition is true or not To combine repetition and conditional statements into a program To develop algorithms To combine repetition and conditional statements into a program To develop algorithms To combine repetition and conditional statements into a program 	• To design a program that makes choices
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Technology in our Lives Search engines	Using programs Handling Data	Safe use
Pupils should be taught to use search technologies effectively, appreciate how results are selected and ranked, and be discerning in evaluating digital content	Pupils should be taught to select, use and combine a variety of software (including internet services) on a range of digital devices to design and create a range of programs, systems and content that accomplish given goals, including collecting, analysing, evaluating and presenting data and information	Pupils should be taught to use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact
 iMail To understand that messages can be used to communicate over distance a number of ways To understand how email travels and how to retrieve it To send and reply to emails To attach a file to an email To understand the advantages of attaching files to emails To use email to communicate ideas 	 iAnimate unit To understand what an animation is To create a scene for an animation To understand that animations can be created using digital tools iData unit To sort record cards using field names To understand that information can be stored as numbers, text and choices (e.g. yes/no) To understand that storing information in an organised way helps answer questions To search a database to answer questions To use the information in a database to create a simple chart 	 iSafe unit To distinguish between personal information, which is safe to share online, and private information which is unsafe to share To understand when it is acceptable to use the work of others To identify strategies for dealing responsibly with cyberbullying iMail To understand that messages can be used to communicate over distance a number of ways To understand how email travels and how to retrieve it To send and reply to emails To understand the advantages of attaching files to emails To use email to communicate ideas

PSHE

Jigsaw Piece One	Being me in my world	 Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision-making Having a voice What motivates behaviour
Jigsaw Piece Two	Celebrating Difference	 Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how special and unique everyone is First impressions
Jigsaw Piece Three	Dreams and Goals	 Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes Water safety
Jigsaw Piece Four	Healthy Me	 Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength

		Sun safety
Jigsaw Piece Five	Relationships	 Jealousy Love and loss Memories of loved ones Getting on and falling out Girlfriends and boyfriends Showing appreciation to people and
Jigsaw Piece Six	Changing Me	animals Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change Consent

Religious Education

Unit	Theme
L2.8	What does it mean to be a Hindu in Briton today?
L2.9	What can we learn from religions about deciding what is right or wrong?
L2.5	Why are festivals important to religious communities? Eid focus possibly an R.E. week
L2.3	Why is Jesus inspiring to some people?
L2.6	Why do some people think that life is like a journey and what significant experiences mark this?