



Learn from yesterday, seek today and aim for tomorrow

Cayton School

Spring Term 2024 - Weekly Menu

W/C 8/1/24, 29/1, 26/2, 18/3

W/C 15/1, 5/2, 4/3

W/C 22/1, 19/2, 11/3

Monday

WEEK 1

¹ Pasta bolognese

OR

² Jacket potato and beans

Broccoli and carrots, garlic bread
Cornflake crispie

WEEK 2

¹ Cheese and tomato pizza

OR

² Jacket potato and beans

Potato wedges, mixed salad
Fruit jelly and ice cream

WEEK 3

¹ Cheese and tomato pasta bake

OR

² Jacket potato and beans

Sweetcorn and peas, bread
Raspberry yogurt

Tuesday

WEEK 1

¹ Jacket potato and cheese

OR

² Quorn chicken nuggets

Potatoes, peas, sweetcorn and bread
Jam sponge cake

WEEK 2

¹ Meatballs in tomato sauce

OR

² Jacket potato and cheese

Broccoli and carrots, garlic bread
Chocolate cake

WEEK 3

¹ Pork sausage

OR

² Vegetarian sausage

Mashed potatoes, carrots, broccoli,
gravy
Fruit cake

Wednesday

WEEK 1

¹ Roast pork

OR

² Quorn chicken

Mashed potato, medley of veg and gravy
Cheese and crackers

WEEK 2

¹ Roast chicken and Yorkshire pudding

OR

² Quorn chicken and Yorkshire pudding

Roast potatoes, medley of vegetables,
gravy
Cheese and crackers

WEEK 3

¹ Minced beef hot pot

OR

² Quorn hot pot

Cauliflower, green beans and gravy
Bread
Cheese and crackers

Thursday

WEEK 1

¹ Cottage pie

OR

² Vegetarian cottage pie

Carrots and green beans, bread
Flapjack

WEEK 2

¹ Spaghetti bolognese

OR

² Jacket potato and beans

Sweetcorn and peas, bread
Oat cookie

WEEK 3

¹ Chicken korma

OR

² Vegetable korma

Rice, naan bread, medley of vegetables
Shortbread

Friday

WEEK 1

¹ Harry Ramsdens battered fish

Chipped potatoes, peas and sweetcorn
Raspberry yogurt

WEEK 2

¹ Fish Star (Salmon)

Chips, ketchup, vegetable sticks, bread
Chocolate mousse

WEEK 3

¹ Fish fingers

Chips, baked beans/peas, bread
Raspberry yogurt

**** Bread of the day, served with every meal and fresh fruit/yogurt available for dessert ****