



Learn from yesterday, seek today and aim for tomorrow

Cayton School

Spring Term 2022 - Weekly Menu

W/C 3/1/22, 24/1, 14/2, 14/3,
4/4/22

W/C 10/1/22, 31/1, 28/2, 21/3

W/C 17/1/22, 7/2, 7/3, 28/3

Monday

WEEK 1

¹ Cheese and tomato pizza with diced potatoes OR
² Jacket potato and cheese
Peas and sweetcorn
Fruit yogurt

WEEK 2

¹ Pasta bolognaise OR
² Quorn bolognaise
Mixed vegetables
Flapjack or raspberry yogurt

WEEK 3

¹ Mild Chicken korma OR
² Vegetarian korma
Vegetable rice
Fruit yogurt

Tuesday

WEEK 1

¹ Chicken and broccoli pasta bake OR
² Cheesy jacket
Carrots and peas
Chocolate crispy cake

WEEK 2

¹ Chicken and vegetable pie OR
² Vegetarian sausage
Baby potatoes, seasonal vegetables
Cheese and crackers

WEEK 3

¹ Cheese and tomato pasta OR
² Jacket potato and cheese
Broccoli and sweetcorn
Chocolate cornflake cake

Wednesday

WEEK 1

¹ Savoury mince beef OR
² Quorn mince
Yorkshire pudding, roast potatoes,
seasonal vegetables
Cheese and crackers

WEEK 2

¹ Pork sausage and chips OR
² Cheesy jacket potato
Baked beans and peas
Raspberry yogurt

WEEK 3

¹ Roast Chicken OR
² Vegetarian sausage
Roast potatoes, mixed vegetables, gravy
Cheese and crackers

Thursday

WEEK 1

¹ Pork sausages OR
² Vegetarian sausage
Mashed potato, carrots and broccoli
Onion gravy
Fruit jelly and yogurt

WEEK 2

¹ Vegetable curry with rice OR
² Cheesy jacket potato
Seasonal vegetables
Chocolate cake

WEEK 3

¹ Savoury mince beef OR
² Quorn mince
Jacket potato, carrots and peas
Iced sponge cake

Friday

WEEK 1

¹ Fish fingers
Chipped potatoes
Beans and peas,
Fruit muffin

WEEK 2

¹ Harry Ramsden's fish
Chips,
Peas and carrots
Fruit shortbread

WEEK 3

¹ Fish and chips
Baked beans and peas
Raspberry yogurt

**** Bread of the day, served with every meal ****

**** Fresh fruit available every day for dessert ****