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Headteacher: Mrs J. Monaghan

Relationships and Sex Education Policy Parental Consultation (originally consulted May 2021)

Dear Parents/Carers,

As a part of your child's educational experience at Cayton School, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

As you are already aware, the Department for Education announced changes to relationships and sex education following nationwide consultation. These changes came into effect from September 2020 and all schools are required to comply with the updated requirements. The statutory guidance can be found at:

<https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe>

The new guidance focused on healthy relationships and keeping children safe in the modern world. It also covered a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being.

Consequently, Cayton School initially consulted parents about the PSHE and RSE policies in school and what curriculum (statutory and non-statutory) would be taught in PSHE in May 2021. During the consultation period no parents raised any objections or concerns. As a school, we felt it is important to keep parents and carers updated with our curriculum.

We continue to use the Jigsaw scheme of work. This is taught weekly and embedded in our school curriculum. In addition to this scheme, as a subject leader it was felt important to ensure our children are further prepared in life by considering our local contextualising factors. This has resulted in sun safety, a progressive and age appropriate curriculum around consent and water safety (including beaches and canals/rivers) being added to each year groups curriculum.

"Pupils feel safe and enjoy their time at Cayton School."

"Many parents describe Cayton as a great school where their children thrive."

"Pupils enjoy learning because they get lots of help and support from their teachers and teaching assistants."

(OfSTED October 2019)

Included are the following:

- Our policies for PSHE and RSE
- Jigsaw's parent information document
- Jigsaw 3-11 years Statutory Relationships and Health Education
- A breakdown of what each year group is taught

Your views are especially important to us so please email rwood@cayton.n-yorks.sch.uk or contact me via dojo with any comments or feedback by the 10.1.24.

I hope this letter and attached information supports you in understanding the PSHE curriculum.

Yours sincerely,
Mrs. B Wood

Originally consulted May 2021
Updated consultation December 2023